Frozen Charlotte

CAPITAL THEATRES

BANANAS FOR CHRISTMAS

Visual story

Commissioned by Eden Court Highlands,
Aberdeen Performing Arts and Capital Theatres



A visual story for neurodivergent audiences (children and adults) intended to help support visitors become familiar with the show, surroundings and situation.

CREATIVE SCOTLAND
ALBA | CHRUTHACHAIL

Eden Court HIGHLANDS

ABERDEEN PERFORMING ARTS

CAPITAL THEATRES

Introduction for caring adults

As a theatre company that specialises in shows for very young children, we aim to make our performances welcoming and as comfortable as possible to all our audiences. In Bananas for Christmas our audiences are welcome to:

- **Come and go** from the show as you need
- **Choose a seating option** (floor / benches / chairs) that suit you
- **Move around**, stand, sit, make noise, stim and change positions
- **Bottle or breastfeed** your baby
- **Touch and explore** materials from the show in the crate
- Borrow **ear defenders, fidgets and dark glasses** freely
- Use the **dip out spaces** in the building or outdoors
- Look through the **'visual story'** of the show - online or in a hard copy at the theatre

Two performances of Bananas for Christmas are 'Relaxed' performances that have adaptations that have been included to support sensory, anxious and/or neurodiverse children and adults.

This includes:

- **Reducing the total audience numbers**
- A gentle **reduction in sound levels**

There will be a **BSL interpreter** at the 2pm show on 20 December.



The show

Bananas for Christmas is an inclusive and welcoming celebration of friendship, fun and the magic of Christmas.

It happens in the Studio Theatre in Edinburgh.

The show lasts for around 50 minutes.

You can enter and leave the performance space as you like.



The set

This is what you will see when you come to the show. You will hear the sound of waves.

You can choose to sit down or move around.

All movement, noises or stims are welcome.

You can bottle or breast feed your baby in the space.

Seating

The seating area will be lit blue/green.

You can move or sit on the blue carpets. There are also benches or chairs.

Stage space

This is the edge of the stage space.

The pale cloth that looks like sand is for the performers only.





The people

You will meet Lewie and Meg.

They are performers, and it's their job to tell the story.

Meg's character is called Dornie. She always wants to play and is very excited for Christmas.

Lewie's character is called Houp. He plays the guitar and loves playing games with Dornie.





Loud noises

The performers play lots of games on the island.

Some things make noise.

This makes a loud clicking noise when the handle turns.

Audience interaction

Houp pretends to go swimming in the audience.

You can choose to join in or not.





Lights and sounds

The lights will go darker when a storm arrives and again at night time.

You will hear the wind whistle and feel the fans blowing.

A power cut will make all the lights go out.

Some things on the island will glow in the dark.



Snow falling

At the end, paper snow falls on the island and the people watching.

You can play with the snow where you are sitting.



The end

When the the show is over the performers will bow and wave. You can play with them in the snow if you would like to.

You will leave through the same door that you entered.

You can clap your hands and say goodbye.

Venue access information

How to get to the Studio Theatre



The theatre is fully accessible by wheelchair.
Click here for detailed access information for all users.



Accessible toilets and baby changing is located on the first floor.



Take a look at the Visual Guide to the Studio Theatre

See you at the show!

www.frozencharlotte.com

Capital Theatres and Frozen Charlotte present *Bananas for Christmas.*

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Visual Story created by Kirstin Abrahams (Creative Access Artist) and Ellie Davies (Producer)